



Check whether the minerals give bones strength.

Material:

Clever bone

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- please, bone.
Instruction:



Pour vinegar into the glass



next put the bone there for 4 day.

**Explanation:**

Bones are the body's scaffolding, mineral storage, protect the many gentle, soft organs such as the brain and lungs from mechanical injury. Therefore, they must be strong and are strong.



Keeping the bones in the broth for a long time (up to 12 hours) and adding a little vinegar (to prevent spoilage) makes the bones become soft and easy to eat. This is a traditional recipe from the island of Rhodes.